

Black's Martial Arts Academy
880 West High Street
Carbondale, IL 62901
May 29, 2009

To: Competitors, Coaches, and School Owners
From: Carole Black

We apologize that we have not been able to get tournament information to you before now and have been out of contact. We found out the second week in April that a law had been passed in Illinois in January 2009 that had competition rules for mixed martial arts and martial arts together under the new Professional Boxing Act. These rules would shut down martial arts tournaments as we know them in Illinois. No one in our group knew about this change. As a result some tournaments were shut down and some had to be cancelled and ours had to be put on hold. Thanks to the efforts of Dr. Jim Thomas, Dr. Thomas Black, Master Roby Irby (the Alliance Illinois State Director), Master Steve Aldus, Mary Brunner, and others, they were able with the support and much help from Senator Dan Rutherford to get a six months' reprieve from these rules and just now a law has passed both the Senate and House and has been sent to the Governor that will prevent this from happening again in the state of Illinois. Without the help of these senators, this could not have been accomplished. We are now able to have Illinois tournaments as planned.

As if that wasn't enough to deal with, on May 8, 2009, in Carbondale and surrounding areas, we had what has been called an inland hurricane. We are a disaster area. Our school had no power for nine days and no telephones or internet for twenty-three days. Streets have not been passable with more than three thousand trees, more than 500 utility poles, and many wires down in Carbondale alone. So we have been "out of business."

Finally, things are getting back to normal, and we are looking forward to seeing you at our tournament June 27 & 28, 2009, here in Carbondale. Hopefully, our telephone and internet will stay on. If not, and you need information, please use these numbers: 618-521-5752 and 618-521-2504. "Thank you" for your continued interest in our tournament and your patience.

P.S. If you would like to see what rules we were up against in putting mixed martial arts and martial arts together, go to this website: www.idfpr.com; then News and Publications; then Administrative Rules and Subparts A, B, and C.

**For a full list of Black's Martial Arts Tournament Rules visit
our website at www.blacksmartialartsacademy.com**

Order of Events

Friday, June 26, 2009

- 4:00pm – 7:00pm Registration and Pick up
Credentials in Bowen Gym Lobby
- 6:00pm – 7:00pm “Meet and Greet” for School Owners, Coaches, and
other Dignitaries in Dr. Black’s office
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Saturday, June 27, 2009

- 8:00am – 10:00am Registration: Lobby of Bowen Gym
- 10:00am Black Belt Meeting
- 10:15am Opening Ceremony
- 10:45am Tournament begins with children 6 and
Under and Special Athletes and then
Black Belt Forms and Black Belt
Adult and Jr. Grand Championships

Saturday Events:

Tae Kwon-Do and Open Forms,
Creative/Musical Forms, Weapons,
Olympic Sparring, Breaking,
Creative Breaking

Sunday, June 28, 2009

- 8:00am – 10:00am Registration: Lobby of Bowen Gym
- 10:00am Black Belt Meeting
- 10:30am Opening Ceremony
- 11:00am Tournament begins

Sunday Events:

Grappling, Synchronized Forms, Self-Defense,
Point Sparring, Chanbara Sparring

At the End of Competition, These Special Awards will be Presented:

- * Points Grand Champion for each age group of all divisions.
- * The top Points Grand Champion competitors (the person with the most points in each age division below) will be named to Team Illinois/Alliance
 - 17 & under
 - 18 to 34
 - 35 & older

RULES AND REGULATIONS

BELT COLOR DIVISIONS

Beginner - white, yellow, orange
Intermediate - green, blue, purple
Advanced - red, brown, deputy black
Black Belt

***** NEW THIS YEAR - SPECIAL ATHLETES DIVISION *****

FORMS

TAE KWON DO AND OPEN

Color Belts - 6 & Under, 7-9, 10-12, 13-15, 16-17, 18-34, 35-49, 50+
Black Belts - 9 & Under, 10-12, 13-17, 18-34, 35-49, 50-60, Seniors, Masters

Traditional forms judged on individual merit according to rhythm, balance, stance, posture, execution of technique, power, grace, and application of target. We appreciate and recognize the differences of the many styles of martial arts throughout the world. Open Forms can be from any style martial art. Forms in the Tae Kwon Do division, must be Tae Kwon Do

SYNCHRONIZED FORMS

6 & Under, 7-11, 12-17, 18-34, 35+
ALL BELTS TOGETHER

Forms may be done with or without weapons. Two or more competitors do the same traditional or created form in time with each other. Movements must shadow or mirror a lead person. No music is used. More than one person can sign up in different age groups. The person who pays the fees receives the points. Each member of the group will receive a medal. Time limit is 2 minutes or less.

CREATIVE FORMS

6 & Under, 7-11, 12-17, 18-34, 35+
Color Belts and Black Belts Separate

Forms done with or without music and with or without weapons. Any music must be supplied on CD by competitor. Judged on individuality. Forms should match any music used. Time limit is 2 minutes or less.

WEAPONS

6 & Under, 7-11, 12-17, 18-34, 35+
Color Belts and Black Belts Separate

All martial arts weapons are accepted. No guns are allowed. Inspection of weapons may be asked for if judge deems it necessary for safety. The form shall not be judged on the content as this varies with school and style. Judging will be on balance, concentration, execution, form, speed, power, intensity, and control. Any competitor who drops his/her weapon is automatically disqualified.

BREAKING

Color Belts - 6 & Under, 7-9, 10-12, 13-15, 16-17, 18-34, 35-49, 50+
Black Belts – 9 & Under, 10-12, 13-17, 18-34, 35-49, 50-60, Seniors, Masters

Wood only for Breaking. Color belts may break 4 boards maximum, with three stations. Black belts may break 8 boards maximum, with no more than 5 stations. All competitors must break at more than one station. Only two attempts allowed per station, with a 1 minute set up time. If competitor breaks, the score is given based on difficulty.

A = 1st attempt break.

B = 2nd attempt break.

C = Failed to break at station.

Competitors must provide holders and set-up materials. Boards must be purchased at tournament to allow for uniformity. Board size for 6 and under is 1/4" x 12" x 9", for 7-12 year olds 1" x 12" x 6", for 13 and up 1" x 12" x 10".

CREATIVE BREAKING

Color Belts - 6 & Under, 7-9, 10-12, 13-15, 16-17, 18-34, 35-49, 50+
Black Belts – 9 & Under, 10-12, 13-17, 18-34, 35-49, 50-60, Seniors, Masters

For Creative Breaking no fire, ice, or glass. If you break something such as bricks, please bring a piece of material to put under the area. Judged on creativity and difficulty. Same type scoring as breaking.

SELF-DEFENSE

6 & Under, 7-11, 12-17, 18-34, 35+
Color Belts and Black Belts Separate

This is a choreographed fight or self-defense techniques taught in a competitor's style of martial arts. They will be judged on accuracy, power, and intent. There is a three-minute time limit. Competitors furnish their own assistants.

RULES FOR OLYMPIC-STYLE SPARRING, POINT SPARRING, AND CHANBARA SPARRING

OLYMPIC-STYLE SPARRING

Color Belts All Ages: Two rounds, continuous, one minute each, 30 sec rest.

All Black Belts All Ages: Two rounds, continuous, two minutes each, 30 sec rest.

Divisions will be by age and belt color and divided between male and female.

Color Belts – 6 & Under, 7-9, 10-12, 13-15, 16-17, 18-32, 33-39, 40-49, 50+

Black Belts – 9 & Under, 10-12, 13-15, 16-17, 18-34, 35-45, 46+, Masters

Competitors will be grouped for the most part into divisions of four or less. In groups of four, two third places will be awarded. In groups of three, one athlete will get a "bye." The "bye" is considered a win and the athlete awarded the "bye" does not compete in the first round. Weight divisions will be used as needed. Divisions may be combined or further divided, depending on the number of competitors. Exhibition matches will be permitted with coach/parent permission. Both will receive 1st place.

EQUIPMENT: Martial arts uniform, shin & instep protectors, forearm protectors, protective cup (males), headgear, chest protector, and a mouth piece. You must supply your own. No jewelry will be allowed. Fingernails and toenails must be trimmed.

LEGAL TECHNIQUES: Fore fist (no open hand techniques, back fist, palm strike, knife hand, etc.) - Foot (any part of the foot below the ankle). - No takedowns, sweeps, or trapping permitted.

AREAS FOR SCORING: Head area - light controlled foot contact to the head gear only (no hand contact is allowed). Body area - contact only to the part of the body covered by the chest protector.

VALID SCORES: One point awarded for any legal foot or hand strike executed with proper balance/technique. Corner judges will determine sufficient force for awarding points. Light contact to the head by the foot with proper technique to the scoring area will be awarded a point.

WARNINGS - RULES INFRACTIONS:

- * executing a kick to the head area that results in minor injury (bruising or abrasion) shall receive a one-point deduction
- * executing a kick to the head with heavy contact (bleeding or the inability of the opponent to continue due to the injury) opponent shall be disqualified
- * any competitor who executes a technique that causes his opponent to bleed shall be disqualified
- * maliciously attacking opponent
- * grabbing the opponent
- * holding the opponent
- * pushing the opponent with the shoulder, body or hands
- * attacking a fallen opponent
- * attacking with unauthorized implement (knee, elbow, etc.)
- * attacking an unauthorized area (face, groin, back, back or head, neck, etc.)
- * faking an injury
- * escaping contact by turning the back
- * stepping out of bounds to avoid contact
- * intentionally falling to avoid contact
- * presenting a defenseless posture
- * uttering undesirable remarks or unsportsmanlike conduct (by athlete, coach, or any spectator or individual associated with the athlete)
- * gesturing to celebrate a score
- * attacking the head or face with fist

FAILURE TO COMPLY WITH THE RULES WILL RESULT IN A ONE POINT DEDUCTION OR DISQUALIFICATION AT THE DISCRETION OF THE CENTER REFEREE.

POINT SPARRING

Divisions will be divided between male and female.

Color Belts – 6 & Under, 7-9, 10-12, 13-15, 16-17, 18-32, 33-39, 40-49, 50+

Black Belts – 7-9, 10-12, 13-15, 16-17, 18-34, 35-49, 50-60, Seniors, Masters

DURATION OF COMPETITION

All colored belt matches shall consist of two 60-second rounds with a 30-second rest between rounds

All Black belt matches shall consist of two, 90-second rounds with a 30-second rest between rounds.

Rest Time Between Final & Semi-Final Round - Competitors shall be allowed a full two-minute rest between semi-final and final matches

PROTECTIVE EQUIPMENT

Mandatory - All competitors must wear a mouth-guard - full hand protectors - full foot protectors - full headgear including a padded top (padding under & around chin or a face shield will not be allowed) - Other than headgear, no other item shall be worn on the head - male competitors must wear groin cup and supporter on the inside of the dobok - safety equipment may not be taped for any reason.

Optional - competitors may wear cloth or foam shin, shin/instep protectors - cloth or foam forearm guards - foam dipped/vinyl breast protector for women and foam dipped/vinyl rib protectors- all optional equipment must be worn under the dobok.

Compliance - A competitor has two-minutes to comply with articles above or face disqualification.

LEGAL TECHNIQUES

Controlled techniques to the head (feet or hands).

- feet
- straight punch
- back fist
- hammer fist
- ridge hand

Technique to kidney is ok (punch or kick).

Both competitors have to be in the ring to score a point.

NON LEGAL TECHNIQUES

- no technique to mask area (face) ----including Black Belts
- no knife hand
- no finger or palm hand techniques
- no spine techniques
- no sweeps or take downs

DECLARATION OF WINNER

All matches will run until the end of allotted time. Whoever has the most points will be declared the winner.

CHANBARA (SOFT SWORD) SPARRING

6 & Under, 7-11, 12-17, 18-34, 35+

Color Belts and Black Belts Separate

Opponents must use flexible foam swords, wear headgear with face guard, and a cup (males). Full contact is allowed. Rounds are two minutes or first to five points.

Points are scored by cleanly striking the body, head, or limbs. A majority of judges must award a point. Headgear and soft swords will be available to competitors. However, we encourage you to bring your own equipment when possible to aid in the flow of the competition.

GRAPPLING

There is one, five minute round. If no points are scored, there will be one, five-minute overtime round and one sudden death round, if necessary. The style of competition is double elimination. Opponents win by submission. A complete set of rules and weight classes will be on our web site.

**2009 ALLIANCE GRAND NATIONALS
5TH ANNUAL SOUTHERN ILLINOIS OPEN MARTIAL ARTS CLASSIC**

JUNE 27-28, 2009

COMPETITOR'S REGISTRATION FORM

Please print legibly, fill out completely, return with appropriate fees and both pages.

Name _____ Sex: M ___ F ___

Address _____ City _____

State _____ Zip Code _____ Age at time of Tournament _____

Telephone _____ Email _____

Style of Martial Arts _____ Rank _____

Are you an Alliance Member? Yes No Is this a Special Athletes Registration? Yes No

Martial Arts School _____

Address _____ City _____

State _____ Zip Code _____ Telephone _____

Instructor's Name _____ Rank _____

FEES: \$40 for one event (Alliance Members \$35 – must show proof), \$10 for each additional event. Deadline for pre-registration is June 15, 2009. At the door registration: add \$5 for base fees and each additional event. Only those competitors who return registration forms before deadline will have their names on the official tournament shirt.

SPECTATOR FEES: \$6 per day or \$10 for a two-day pass. Children 6 & Under are free. Make checks and money orders to Black's Martial Arts Academy. Mail to Black's Martial Arts Academy, PO Box 664, Carbondale, IL 62903.

Credit Card Information: Credit Card Number _____

Exp. Date _____ Security Code _____ Phone Number _____

Name of Card Holder _____ Authorized Amount _____

Billing Address _____ City _____

State _____ Zip Code _____ Signature _____

There will be a 3.5% charge to all credit card transactions.

Competitor Name_____

Age at time of tournament_____ Gender: M___ F___ Special Athletes Division: Y N

Please complete for each event in which you are entering and return.

Tae Kwon Do Forms Rank_____ Open Forms Rank_____ Synchronized Forms Rank_____

Creative/Musical Forms Rank_____ Weapons Forms Rank_____ Breaking Rank_____

Creative Breaking Rank_____ Self-Defense Rank_____ Point Sparring Rank_____

Olympic Style Sparring Rank_____ Grappling Rank_____ Chanbara (Soft Sword) Rank_____

Release: I hereby submit my application for registration in the 5th Annual Southern Illinois Open Martial Arts Classic to be held at Bowen Gym, Carbondale, Illinois. I understand that there is the possibility of serious injury, property loss, and even death in this contact event. I hereby agree to assume all risks of participating in said event. I certify that I am physically fit and have sufficiently trained for competition and I have not been advised by medical professionals not to compete in said tournament. I hereby waive any and all claims against any person connected with said event for any loss or injuries I may sustain or incur for myself, my executors, administrators, heirs, next of kin, successors, and assign as follows: waiver, release, discharge, and agree not to sue, for any and all liabilities or claims made by individuals or entities as a result of my actions during the said event. The following applies to sponsors, directors, event producers, volunteers, Bowen Gym facility, and any other entity that may be connected to said event. I and my parents/guardians assume full responsibility for my actions. I further agree that any pictures or videos taken of me in connection with said event can be used by the tournament directors for any purpose without compensation. Also, I understand that all fees are non-refundable. I further understand that I may be dismissed from Bowen Gym without refund if my conduct or the conduct of anyone associated with me is not co-operative and does not follow the ideal of good sportsmanship for the successful operation of this tournament.

Competitor's printed name_____ Date_____

Competitor's Signature_____

Name of Guardian_____ Date_____

Signature of Guardian_____ Relationship_____